

## PANCE Prep Plan 2022

### Timeline:

- I would like to take my PANCE exam around 5 weeks after my last day of rotations. I am completing my 8th rotation now, will have a three week break in December, and will finish my 9th rotation the first week of February. I think scheduling my PANCE for early March will give me enough time to study without too much time between rotations and the exam.

### Study techniques:

- My schedule is based on the PANCE blueprint and my PACKRAT and EOR scores. As I have noticed from years of test taking, I work best under pressure. Therefore, I will focus on topics with the highest percent allocation on the PANCE in the later weeks. This will allow me to retain the most high-yield information by the time the exam comes. I will also allocate extra study time for the topics I am weakest in.
  - My weakest topics:
- Dermatology, hematology, psych, and neuro
  - My strongest topics:
- Cardiology, GI, OB/GYN, pulmonology, endo, urology/renal
- I need to work on building up my stamina for sitting and focusing on questions. I found during the EOC that I was looking forward to each break. As I get closer to my exam date, I will practice doing more questions at a time without losing my concentration.
- I enjoy studying alone and reviewing with a classmate. Therefore, I will first go over topics by reading, watching videos, and doing practice questions on them. I will then review these topics with a classmate. I retain information best by taking frequent breaks between doing questions. I plan to stop for around 5 minutes every hour to let my mind clear. I will also make sure I have healthy and nutritious food with me so I have energy to focus.

### Resources:

- I plan on primarily studying with Pance Prep Pearls and Osmosis videos. I will also supplement each day of studying with 60 Rosh Review Questions on the topic(s) I studied that day. I will try to do SmartyPance questions as well. I hope to do three practice exams the week before I take the PANCE.

**SCHEDULE:**

	<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Week 1</b>	Dermatology	Dermatology	Dermatology /Hematology	Hematology	Genitourinary (male/female)	Renal
<b>Week 2</b>	mixed derm, heme, GU questions	Psychiatry	ID	Neuro	Neuro/ENT	ENT/ reproductive
<b>Week 3</b>	mixed psych, ID, neuro, ENT, reproductive questions	reproductive/ Endo	Endo	MSK	MSK	GI
<b>Week 4</b>	GI	Cardiology	Cardiology	Cardiology	Pulmonology	Pulmonology
<b>Week 5</b>	Pulmonology	practice exam #1	review weak topics, questions wrong, mixed rosh questions	practice exam #2	review weak topics, questions wrong, mixed rosh questions	practice exam #3
<b>Week 6</b>	review weak topics/questions wrong, mixed rosh questions.	take a day to rest and calm myself	Take the PANCE			